



**MOTORVATION**  
TRAINING

**PRIVATE 1:1 SESSIONS \$120**

1 PER WEEK FOR 4 WEEKS, 35 MINUTES

**GROUP SESSIONS \$25/CLASS**

\$250/HR ASSUMES 10 PARTICIPANTS

**ADAPTED 1:1 AQUATICS SESSIONS \$225**

1 PER WEEK FOR 4 WEEKS, 40 MINUTES

**PAY AS YOU GO SESSIONS \$35**

PER SESSION

MOTOR-VATIONTRAINING.COM